



## Curriculum Overview KS3

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14
<b>Autumn</b>	<b>Drugs and Alcohol</b>							<b>Community and Careers</b>						
	Lockdown And feelings	Legal/ Illegal drugs Alcohol Medicinal and Recreational Drugs	Over consumption of energy drinks	Assess risks of: Alcohol, tobacco, nicotine, e- cigarettes	Influences in relation to substance abuse Recognise and promote social norms/ attitudes	Equalit y or opport unity in life and work	Stereotyp es and discrimina tion in relation to work and pay	Employment Self employment Voluntary work	Setting aspirational goals Future careers Challenge expectations that limit choices.					
<b>Spring</b>	<b>Discrimination</b>							<b>Emotional Well-being</b>						
	Manage influences of beliefs and decisions Group think and persuasion	Develop self worth and confidence	Gender identify, transpho bia, gender- based discrimin ation	How to recognise and challenge: Homophobia, biphobia, racism and religious discrimination	N.A	Attitud es toward mental health	Challenge myths, stigma and daily well being	Manage emotion s	Digital resillie nce	Unhealthy coping strategies (e.g self harm and eating disorders)  Healthy coping strategies				
<b>Summer</b>	<b>Identity and Relationships</b>							<b>Digital Literacy</b>						
	Healthy relationships Positive behaviours in healthy relationships	Gender identity and Sexual orientation	New partnership s and developing relationshi ps	Consent and Legal and moral duty is with seeker of consent Effective communication about consent in relationships	Risks of sexting, how to manage requests/ pressure to send images	Contrace ption	Online commu nicatio n Social networ king	Recognise online grooming in different forms Respondin g and seeking	Misleadi ng/biase d informat ion online	Critica lly assess differ ent media sourc es	Distin guish betwe en publicl y and privat ely share	Age rest ricti ons and res pon sibl e	Protect financial security  Manage risks in gambling and chance-	

Challenge- Honesty- Curiosity- Self-reliance- Belonging- Resourcefulness.



## Curriculum Overview KS3 PSHE

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At Forest Moor School, we deliver the PSHE curriculum through engaging, exciting lessons. Encouraging the children to engage in whole class discussion, debate and interact with resources. PSHE is accessible with all sessions linking to aspects of real life, supporting and setting up the pupils for life beyond Forest Moor. Many students have come to us with gaps in their knowledge of the world and this curriculum ensures coverage to support them in the endless situations and opportunities that life may throw at them. The PSHE curriculum will help fill the gaps and enable to students to begin to understand their own experiences. At Forest Moor we have accessed resources from the PSHE association, using the programme builder we were able to build a curriculum fit for our students needs. Evidence will be collated following discussion, written activities and photographs. Students will have the opportunity to interact with their peers and with resources.

Challenge- Honesty- Curiosity- Self-reliance- Belonging- Resourcefulness.