

Week 1 Menus

Day	Menu	Initials
Monday	Mac and cheese, garlic bread and vegetables	
	Jacket potato with cheese, beans or tuna	
	Ham sandwich	
	Egg sandwich	
	Ice cream roll/fresh fruit	
Tuesday	Southern fried chicken fillet, pew potatoes, coleslaw and corn on the cob.	
	Jacket potato with cheese, beans or tuna	
	Jacket potato with vegetable curry	
	Chicken sandwich	
	Cheese sandwich	
	Cake/fresh fruit	
Wednesday	Ham and cheese panini, garlic and rosemary potatoes and salad sticks	
	Jacket potato with cheese, beans or tuna	
	Ham sandwich	
	Cream cheese and cucumber	
	Summer Fruit crumble & Cream / Fresh fruit	
Thursday	Chilli con carne, rice, tortilla chips and sour cream	
	Jacket potato with cheese, beans or tuna	
	Jacket potato with vegetable chilli	
	Chicken sandwich	
	Tuna sandwich	
	Jelly/fresh fruit	
Friday	Fish, homemade wedges and peas	
	Jacket potato with cheese, beans or tuna	
	Chicken sandwich	
	Egg sandwich	
	Chocolate Mousse/fresh fruit	