Week 3 Menus

Day	Menu	Initials
Monday	Chicken fajitas, cous cous, cheese salad and	
	sour cream	
	Jacket potato with cheese, beans or tuna	
	Ham sandwich	
	Egg sandwich	
	Raspberry ripple mo	ousse/fresh fruit
Tuesday	Sausage and cheese panini, pasta salad	
	Jacket potato with cheese, beans or tuna	
	Jacket potato with vegetable chilli	
	Chicken sandwich	
	Cheese sandwich	
	Muffins/fre	esh fruit
Wednesday	Roast chicken, roast potatoes, stuffing,	
	yorkshire puddings, vegetables and gravy	
	Jacket potato with cheese, beans or tuna	
	Ham sandwich	
	Cream cheese + cucumber sandwich	
	Fresh frui	t salad
Thursday	Italian meatballs with tomato pesto, garlic bread and veg	
	Jacket potato with cheese, beans or tuna	
	Jacket potato with vegetable curry	
	Chicken sandwich	
	Tuna sandwich	
	Choc chip cookies/fresh fruit	
Friday	Cheese and onion pastie, homemade wedges and salad	
	Jacket potato with cheese, beans or tuna	
	Sausage sandwich	
	Egg sandwich	
	Vanilla ice cream p	oots/fresh fruit