



Menwith Hill Road
Darley
Harrogate
North Yorkshire
HG3 2RA

07/03/2025

Important Reminder: Nut-Free School Policy

Dear Parents and Guardians,

I am writing to you today to reinforce the importance of our nut-free school policy at Forest Moor School. As you know, we have members of our school community, both students and staff, who have severe nut allergies. Exposure to even trace amounts of nuts can trigger life-threatening anaphylactic reactions.

Recently, we have had two separate incidents that have highlighted the critical nature of this policy. Firstly, a student brought a snack containing nuts onto the school premises. Secondly, a member of our teaching staff required urgent medical attention, including an ambulance, due to an anaphylactic reaction caused by exposure to nuts. It is important to note that these two instances are not linked, but they both highlight the very real dangers that nuts pose to our school community.

Forest Moor School is committed to providing a safe and inclusive environment for all our students. Therefore, we must maintain a strict nut-free environment.

We understand that providing snacks for your children can be challenging, but we ask for your full cooperation in ensuring that all items brought into school are completely free of nuts. Common culprits include, but are not limited to:

- Cereal bars
- Chocolate bars (especially those containing nuts)
- Nut spreads (e.g., peanut butter, hazelnut spread)
- Biscuits and cakes

Please be aware that Forest Moor School provides free breakfast and lunch for all students and staff. This means that packed lunches and snacks are not required, and we encourage all pupils to take advantage of the free meals provided.

We appreciate your understanding and cooperation in this matter. By working together, we can ensure the safety and well-being of all members of our school community.

If you have any questions or concerns, please do not hesitate to contact the school office.

Yours sincerely,

Mr Roberts
Principal
Forest Moor School

T. 01423 779232 E. admin@forestmoor.org.uk

Discover how we make a difference at <https://forestmoor.org.uk>